

OA PALM BEACH INTERGROUP MEETING LIST - JANUARY 2026						
TOWN	TIME	FOCUS		GROUP NO.	CONTACT	PHONE NO.
SATURDAY						
Delray Beach	9:30 AM	SP & LIT	Crossroads Club - 1700 Lake Ida Road, Delray Beach Beach	21364	Mark J.	917-687-3060
ZOOM	9:30 AM	FT	ZOOM Meeting	800108	Carole Sh.	561-704-9536
Boca Raton	9:30 AM	TOPIC	Good Shepherd Lutheran Church - 6301 SW 18th St., Boca Raton Raton	57655	Fred	561-716-4455
Vero Beach	10:00 AM	LIT	Unity Center, 950 43rd Ave., Vero Beach. Twelve & Twelve and Big Book	12999	Adrienne N.	561-596-7764
ZOOM	12:00 PM	INTERGROUP	Second Saturday of the month. ZOOM Meeting I.D: 81688628727. Passcode: 561561		Mark J.	917-687-3060
SUNDAY						
ZOOM	8:00 AM	SPIRITUAL	Spirituality Through the 12 Steps	801468	Roz	561-695-3421
Delray Beach	10:30 AM	BB	Crossroads Club - 1700 Lake Ida Road, Delray Beach Beach	35759	Carol Sch.	561-703-8896
Lake Park	11:00 AM	VR	1408 Killian Dr. - Center Rm 105, behind Hobby Lobby, Lake Park	34780	Nancy N.	206-499-0091
Stuart	2:00 p.m.	LIT	St. Mary's Smith Hall, 623 SE Ocean Blvd, Stuart. Between the Thrift Store and Book Store	801151	Lori B.	772-380-3191
MONDAY						
ZOOM	8:00 AM	SPIRITUAL	Spirituality Through the 12 Steps	801469	Roz	561-695-3421
ZOOM	10:00 AM	ST	ZOOM Meeting	800124	Janet	561-654-9936
Delray Beach	6:00 PM	ST	Hagen Ranch Library - 14350 Hagen Ranch Rd, Delray Beach. Call to confirm	53289	Sheila O.	954-296-9329
ZOOM	7:00 PM	B-D-SP-ST	ZOOM Meeting - Step Meeting first Monday of the Month	27229	Tricia	561-405-1949
TUESDAY						
ZOOM	8:00 AM	SPIRITUAL	Spirituality Through the 12 Steps	801470	Roz	561-695-3421
Boca Raton	7:00 PM	LIT	Our Lady of Lourdes Church - 22094 Lyons Rd., Rm 201, Boca Raton Raton	903	Ron	561-483-0500
WEDNESDAY						
ZOOM	8:00 AM	SPIRITUAL	Spirituality Through the 12 Steps	801471	Roz	561-695-3421
ZOOM	10:00 AM	B-SP-D	ZOOM Meeting - formerly Science of Mind in person meeting	30002	Sherry S.	818-398-4160
Port St. Lucie	10:00 AM	BB/SP	St. Andrews Lutheran - 295 NW Prima Vista Blvd. Conference Room Nr. Office	36812	Sandra	772-301-1031
Delray Beach	11:00 AM	BB	Crossroads Club - 1700 Lake Ida Road, Delray Beach Beach (4th Wed, OA Brown Book)	57922	Sharon	914-3916293
Delray Beach	6:00 PM	B & ST	Temple Sinai, 2475 W. Atlantic Ave., Delray Beach Beach	9233	Sheila O.	954-296-9329
ZOOM	7:00 PM	ST	ZOOM Meeting, Step and Workbook	800573	Sue F.	561-889-2733
Delray Beach	7:30 PM	100lb Winners	Temple Sinai, 2475 W. Atlantic Ave., Delray Beach Beach	58409	Carol Sch.	561-703-8896
THURSDAY						
ZOOM	8:00 AM	SPIRITUAL	Spirituality Through the 12 Steps	801472	Roz	561-695-3421
ZOOM	9:30 AM	SPIRITUAL	ZOOM Meeting	56655	Jody S.	561-212-7366
Delray Beach	10:30 AM	SP & LIT	Delray Beach Medical Senior Center - 4765 West Atlantic Ave. Near Publix	57241	Jean	561-965-5068
Boca Raton	1:00 PM	BB	Good Shepherd Lutheran Church - 6301 SW 18th St., Boca Raton Raton*	53679	Bobbi E.	954-415-6005
FRIDAY						
ZOOM	8:00 AM	SPIRITUAL	Spirituality Through the 12 Steps	801473	Roz	561-695-3421
ZOOM	10:00 AM	VR	ZOOM Meeting	800108	Lois K.	914-548-0054
KEY						
For ZOOM meeting links visit, oapalmbeachfl.org						
B=Beginners, BB=Big Book, D=Discussion, FT=For Today, OA=Overeaters Anonymous Book, LIT=Literature						
SP=Speaker, ST=Step, VR=Voices of Recovery, 100lb Loss, * Gold Coast IG Meeting						