



You're invited

LIVE EVENT

Sunday, April 19th

Body Image Workshop

Details on Page 2

Follow us at
oapalmbeachfl.org

INTERGROUP MEETINGS

Send a voting representative from your meeting to get your voice heard. **Everyone** is welcome as a non-voting guest

Second Saturday of the month
12:00 -1:00 p.m.

Meeting I.D: 81688628727
Passcode: 561561

zoom

From the Chair...

Dear Friends:

Just a note to say thank you for having the confidence in me to serve as Chairperson for the next two-year term. It is an honor and a privilege.

I had the opportunity to attend our Region 8 Assembly recently. There are 47 Intergroups in Region 8 and I am proud to say that our Intergroup was well represented. We are also fortunate to have many Face To Face Meetings in addition to Zoom Meetings. I am looking forward to a great year ahead. We have Workshops, Special Events, Public Information and Professional Outreach events planned for you.

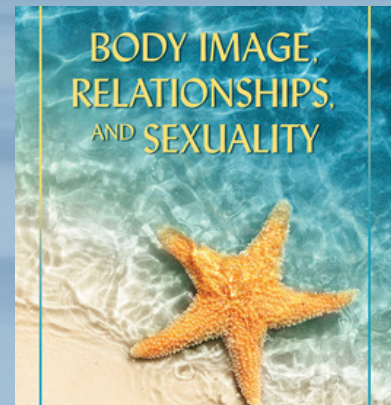
As Seventh Tradition donations are down worldwide, please don't forget when you attend ZOOM Meetings, to forward your donation via Venmo or by check via Snail Mail.

In Loving Service

Mark J.

Don't Pay Shipping...

Order OA Literature from Intergroup and save. Email Tricia at pamccarthy413@gmail.com.



7th Tradition Donations Mailing Address

Overeaters Anonymous
PB County Intergroup
PO BOX 741114
Boynton Beach, FL 33474



BODY IMAGE WORKSHOP

Where are you at in your relationship with your body?

Where would you like to be?



Join Us

Sunday, April 19th 1:00 p.m.-3:30 p.m.

West Boynton Beach Library

9451 Jog Road

Boynton Beach, FL 33474



Please RSVP

Text Jody 561-212-7366 or
email jmamadukes@aol.com



Appreciated donation \$5.00



AROUND OA



Report...Region 8 Business and Recovery Convention

Dear OA "Family"

What an honor and a privilege to represent our Palm Beach County Intergroup at last week's Region 8 Soar Business and Recovery Convention in Charlotte North Carolina.

Zoom provided a way for representatives from all over South America and other parts of the US to have the opportunity to attend, however the majority of representatives were there, face to face.

Region 8 will be funding "seed" money to new groups who need financial assistance in starting an intergroup in their area. The \$100 will be used to purchase literature and provide start up funds for these new groups. The IGOR (Intergroup Outreach) committee will oversee applications and pass on to the Region 8 Board for consideration.

The PIPO committee did a presentation of ways to reach out to the community of professionals (doctors, therapists, nutritionists etc.) to educate them on how Overeaters Anonymous can help their patients and clients.

The Ways and Means Committee have "Tool die" balls as well as journals for sale and will make them available at the World Service Conference in Albuquerque in April.

The Recovery portion of the Convention was very well attended and discussed a range of topics including body image issues, 12/12, self acceptance and Spirituality.

I was very inspired by this Convention and appreciate the opportunity to represent Palm Beach County in the future.

***In Service,
Jody S.
Intergroup Vice Chair***



YOUR INTERGROUP



BOARD MEMBERS & VOLUNTEERS

Chair: Mark J.

917-687-3060, markkjacoby@gmail.com

Vice Chair: Jody S.

561-212-7366, jmamadukes@aol.com

Secretary: Open Position

Please contact Mark J. to apply

Treasurer: Ellen M.

917-327-8002, emeltzerzahn18@gmail.com

Literature Chair: Tricia Mc.

561-405-1949, pamccarthy413@gmail.com

Newsletter & Website Editor: Rebecca W.

561-445-4442, rebecca@eurekaworldwide.com

OA HELPLINE

Call before you take that first compulsive bite!

Any time: Marcia L., 917-693-4729

9 a.m.-9 p.m. Elaine, 561-715-1535

Any time Adrienne N. 561-596-7764

CONTACT US

Overeaters Anonymous

Palm Beach County Intergroup

PO BOX 741114

Boynton Beach, FL 33474

561-820-9242 or 800-273-1696

oapalmbeachfl.org

